



## **Patty Cake Polka**

A & S - 101



Called by Bob Shiver

### **FORMATION:**

Circle of couples with the ladies facing the center of the circle.  
Both hands are joined with palms up for the men and palms down for the ladies  
FOOTWORK: Opposite throughout dance, steps described are for the man.  
HEEL, TOE, HEEL, TOE, SIDE, TWO, THREE, FOUR

The gentleman touches his left heel to the floor out to his left.  
The lady touches her right heel out to her right.  
Then each touches the toe to the floor next to his other foot.  
They then repeat the action.  
Next they both slide four steps sideward toward the man's left.  
HEEL, TOE, HEEL, TOE, SIDE, TWO, THREE, FOUR

They repeat the first section again, but use the other foot and  
Slide in the opposite direction, returning to the starting place.  
Clap RIGHT, RIGHT, RIGHT; Clap LEFT, LEFT, LEFT

Partners clap each others right hands three times, left hands three times

### **HOOK RIGHT ELBOWS AND GO ONCE AROUND**

Partners hook right elbows (forearms angled downwards), turn once around each other and  
then join both hands as in the beginning of the dance\*

### **\*NOTE:**

To use as a mixer:

After every elbow turn, each person moves to his/her own left and joins hands with the next person.