



Better And Worst

SE-120



Called by Joe Goins

Opener- Middle Break – Closer

Sides Face Grand Square

I've been better, I've been worse - don't need the Doctor, I need my nurse My
Heart's beatn' steady - right now - but in reverse
I've been better, I've been worse I'm right on purpose and unrehearsed I'm
singin' in the chorus now - but I need more verse
All four ladies Promenade – it's one time 'round you go
Get on home swing your man and Promenade that ring
I've been better, I've been worse – I've been blessed and I've been cursed
Ain't dead last and I ain't in first – Nothing's going my way

Figure (Twice for Heads – Twice for Sides)

Head (Side)two couples Square thru 4 hands around that ring you do Find
that corner lady there - you Do Si Do
Swing thru go two by two -Spin The Top that's what you gonna do
Now Boys move up with a R&L Thru – turn your lady there
Flutter Wheel across that floor then sweep 1/4 more
Swing your Corner lady boys and Promenade that floor
I've been better, I've been worse – I've been blessed and I've been cursed
Ain't dead last and I ain't in first – Nothing's going my way

Tag: Nothing's gonna go my way