

Help



RECORDS

C - 5023



Called By
Tony Simmons

OPEN, CLOSER: SFGS

WHEN I WAS YOUNGER, SO MUCH YOUNGER THAN TODAY
I NEVER NEEDED ANYBODY'S HELP IN ANY WAY
BUT NOW THOSE DAYS ARE GONE, I'M NOT SO SELF ASSURED
NOW I FIND I'VE CHANGED MY MIND ALLEMANDE LEFT AND WEAVE
HELP ME IF YOU CAN I'M FEELING DOWN
SWING AND NOW YOU PROMENADE AROUND
(AND I DO APPRECIATE YOU BEING ROUND)
HELP ME GET MY FEET BACK ON THE GROUND
WON'T YOU PLEASE PLEASE HELP ME

FIGURE:

HEAD(SIDE) COUPLES PROMENADE HALF WAY AROUND YOU GO
WALK IN AND PASS THE OCEAN, EXTEND GO
SWING THRU AND THEN SPIN THE TOP
MOVE UP AND NOW RIGHT AND LEFT THRU
FLUTTERWHEEL AND THEN SWEEP A QUARTER
SWING THE CORNER NOW PROMENADE HOME
HELP ME GET MY FEET BACK ON THE GROUND
WON'T YOU PLEASE PLEASE HELP ME

BREAK: SFGS

AND NOW MY LIFE HAS CHANGED IN OH SO MANY WAYS
MY INDEPENDENCE SEEMS TO VANISH IN THE HAZE
BUT EVERY NOW AND THEN I FEEL SO INSECURE
I KNOW THAT I JUST NEED YOU ALLEMANDE LEFT AND WEAVE
HELP ME IF YOU CAN I'M FEELING DOWN
SWING AND NOW YOU PROMENADE AROUND
(AND I DO APPRECIATE YOU BEING ROUND)
HELP ME GET MY FEET BACK ON THE GROUND
WON'T YOU PLEASE PLEASE HELP ME

TAG: WON'T YOU PLEASE PLEASE HELP ME